

OVERACTIVE BLADDER CARE PATHWAY

PATIENT NAME:

Over Active Bladder (OAB) is a group of symptoms that include urinary urgency, frequent urination, getting up often at night to urinate and for some the ability to control urinary continence.

This document will help you understand the treatment options available to manage symptoms of OAB.

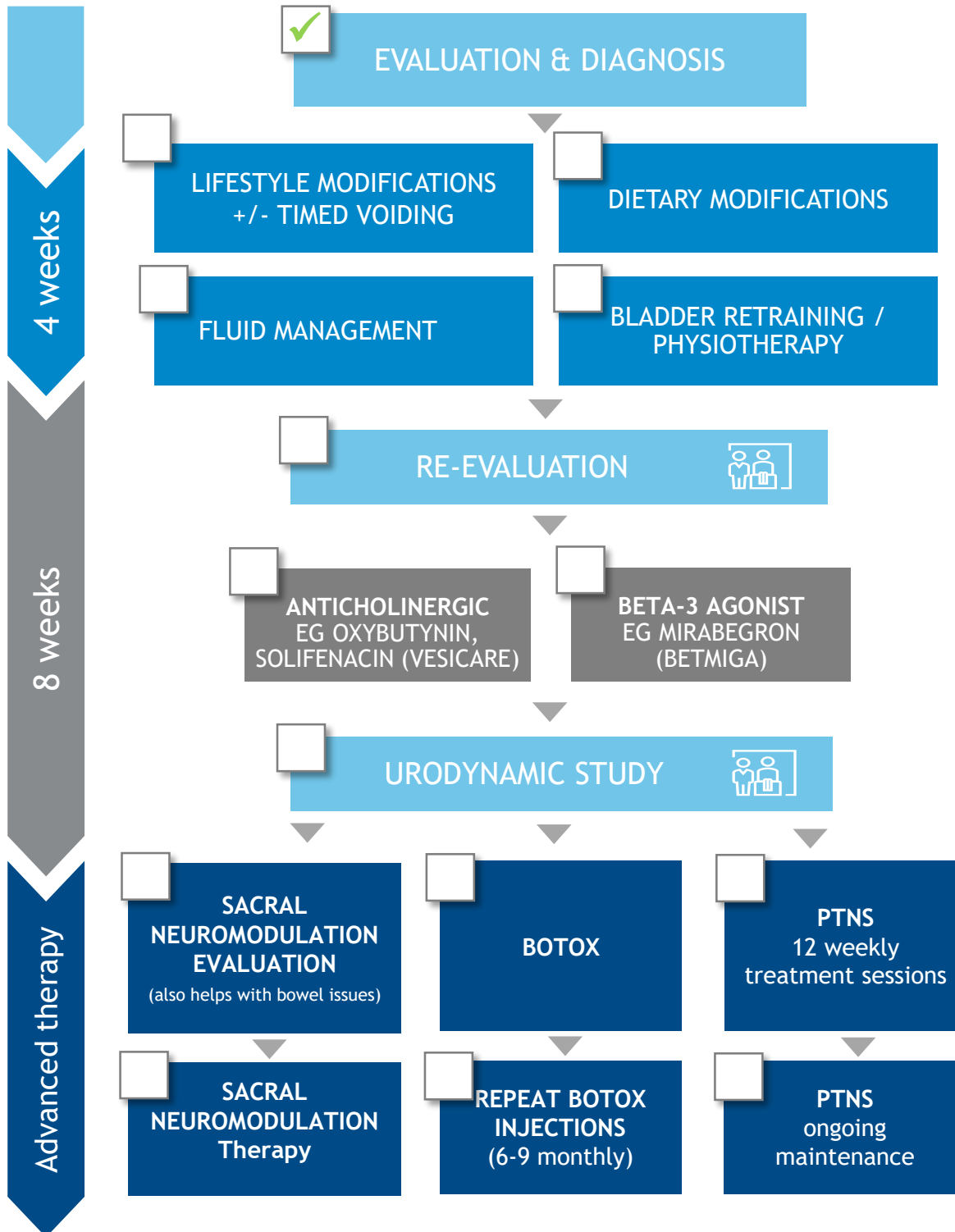
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4-Week Visit:

After 4 weeks without change in symptoms, it is time for a re-evaluation or progression to medication therapy.

Re-Evaluation Appointment 1:

Medication side effects

B3 Agonist: Hypertension (check BP after 10-14 days), headache, palpitations

Anticholinergic: Dry mouth, constipation, dry eyes, cognitive side effects.

Medication review

After 8 weeks without change in symptoms on single agent or combination medication therapy, it is time for a re-evaluation or urological specialist review.

Re-Evaluation Appointment 2

Re-Evaluation Appointment 3

